

# AUGUST | 2025

## EAST KNOX HIGH LUNCH MENU






MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 BREAKFAST AND LUNCH IS FREE FOR ALL STUDENTS FOR THE 2025-2026 SCHOOL YEAR!!</p>	<p>29</p>	<p>30 EXTRA TRAYS \$2.50 MILK \$.50 ADULT LUNCH \$3.25</p>	<p>31</p>	<p>1 To add money to lunch accounts: Myschoolbucks.com You will need your student's ID#'s</p>
<p>4</p> 	<p>5 ENJOY YOUR SENIOR YEAR CLASS OF 2026</p>	<p>6</p> 	<p>7 WELCOME TO THE BUILDING CLASS OF 2031</p>	<p>8 HAVE A GREAT YEAR</p>  <p>NATION!!!!</p>
<p>11</p>	<p>12 OPEN HOUSE GRADES 7-12 6-7:00PM PARENT MEETINGS 7<sup>TH</sup> 6:30PM 12<sup>TH</sup> 7:00 PM IN THE GYM</p>	<p>13</p>	<p>14 CHICKEN PARMESAN SAND DELI SUB PEPPERONI PIZZA PRINCE CHARLES VEGGIES MANDARIN ORANGES MILK</p>	<p>15 CHICKEN STRIPS/ROLL BUFFALO CHICKEN PIZZA NORMANDY BLEND MIXED BERRIES MILK</p>
<p>18 MINI CORN DOGS CHICKEN PATTY SAND PIZZA SUB SOUTHERN WHITE BEANS DICED PEACHES MILK</p>	<p>19 GENERAL TSO CHICKEN/FRIED RICE &amp; EGG ROLL DELI SUB FRENCH BREAD PIZZA FAR EAST VEGGIES APPLESAUCE MILK</p>	<p>20 BREAKFAST FOR LUNCH ASST CHICKEN WRAPS CALZONE HASH BROWNS PINEAPPLE TIDBITS MILK</p>	<p>21 ROTINI/GARLIC BREAD DELI SUB MEXICAN PIZZA GARLIC SWEET POTATOES MANDARIN ORANGES MILK</p>	<p>22 MEATLOAF/ROLL CHEESE PIZZA AU GRATIN POTATOES STRAWBERRY CUPS MILK</p>
<p>25 MEATBALL SUB/BUN CHICKEN PATTY SAD PIZZA CRUNCHERS PEAS &amp; CARROTS DICED PEARS MILK</p>	<p>26 SALISBURY STEAK/ROLL DELI SUB PULL A PART PIZZA MASH POTATOES MIX TROPICAL FRUIT MILK</p>	<p>27 MAC &amp; CHEESE/SLOPPY JOE ASST CHICKEN WRAPS QUESADILLA BROCOLLI PINEAPPLE TIDBITS MILK</p>	<p>28 CAJUN CHICKEN PASTA/BREAD STICK DELI PIZZA PEPPERONI PIZZA BREADED ZUCCHINI MANDARIN ORANGES MILK</p>	<p>29 DRUMSTICKS/CORNBREAD BUFFALO CHICKEN PIZZA STEAMED CARROTS APPLESAUCE CUPS MILK</p>

### News

#### OFFERED DAILY:

CHEF SALAD/CROUTONS  
FRESH SEASONAL FRUIT  
FRESH VEGGIE BAR

MENU IS SUBJECT TO  
CHANGES

#### BULLDOG HAPPENINGS

12<sup>TH</sup> OPEN HOUSE  
12<sup>TH</sup> SR CLASS PARENT  
MEETING  
12<sup>TH</sup> 7<sup>TH</sup> GRADE PARENT  
MEETING  
14<sup>TH</sup> FIRST DAY OF SCHOOL

THIS INSTITUTION IS AN  
EQUAL OPPORTUNITY  
PROVIDER

WELCOME BACK  
TO SCHOOL